

**Family Pathways**  
*Striving to Strengthen Relationships*

**FAMILY DISASTER PLAN**

Date: \_\_\_\_\_ Family last name(s): \_\_\_\_\_

Household address: \_\_\_\_\_

Family member/household contact:

Name	Home Phone	Cell Phone	Email

Pet information (name, type, color): \_\_\_\_\_

Emergency Phone Number: Life threatening: Call 9-1-1

Emergency Personnel	Phone Number
Fire/Paramedics	
Child Protective Services	
Police/Sheriff	
Hospital	
Dentist	
Poison Control	

Location of emergency equipment (first aid kit, blankets, food, water, flashlight, radio, batteries): \_\_\_\_\_  
\_\_\_\_\_

**Plan of Action:**

1. What are the disasters most likely to affect your household?  
\_\_\_\_\_
2. What are the escape routes from your home?  
\_\_\_\_\_
3. If separated during an emergency, what is your meeting plan near your home?  
\_\_\_\_\_
4. Neighborhood meeting place and phone:  
\_\_\_\_\_

5. Outside of your neighborhood, in the event you cannot return home, or are asked to leave your neighborhood, everyone in your household must know the address and phone number of the meeting locations: Where would those locations be: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_
6. What is your route to get there and your alternate route if the first route is impassible?  
 \_\_\_\_\_  
 \_\_\_\_\_
7. If at school/daycare, our child(ren) will be evacuated to:
- |                   |  |
|-------------------|--|
| Child Name: _____ | Evacuation Site (address and contact information): _____ |
| _____             | _____  |
| _____             | _____  |
8. Our plan for people in our household with a disability or special need is:  
 \_\_\_\_\_  
 \_\_\_\_\_
9. During certain emergencies local authorities may direct you to "shelter in place" in your home. An accessible, safe room where we can go, seal windows, vents and doors and listen to emergency broadcast for instructions is: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_
10. Family spends most time at work, school, or other places:
- |   |   |
|---|---|
| <p>Work location #1:<br/>         Address: _____<br/>         Phone: _____<br/>         Evacuation location: _____<br/>         _____</p> | <p>School Location #1:<br/>         Address: _____<br/>         Phone: _____<br/>         Evacuation location: _____<br/>         _____</p> |
| <p>Work location #2:<br/>         Address: _____<br/>         Phone: _____<br/>         Evacuation location: _____<br/>         _____</p> | <p>School Location #2:<br/>         Address: _____<br/>         Phone: _____<br/>         Evacuation location: _____<br/>         _____</p> |
| <p>Other Places:<br/>         Address: _____<br/>         Phone: _____<br/>         Evacuation location: _____<br/>         _____</p>     | <p>Other Places:<br/>         Address: _____<br/>         Phone: _____<br/>         Evacuation location: _____<br/>         _____</p>       |

After a disaster, let your friends and family know you are okay by registering at "Safe and Well" at <https://safeandwell.communityos.org/cms//> , or by calling 1-800-733-2767. You can also give them a call, send a quick text, or update your status on social networking sites.

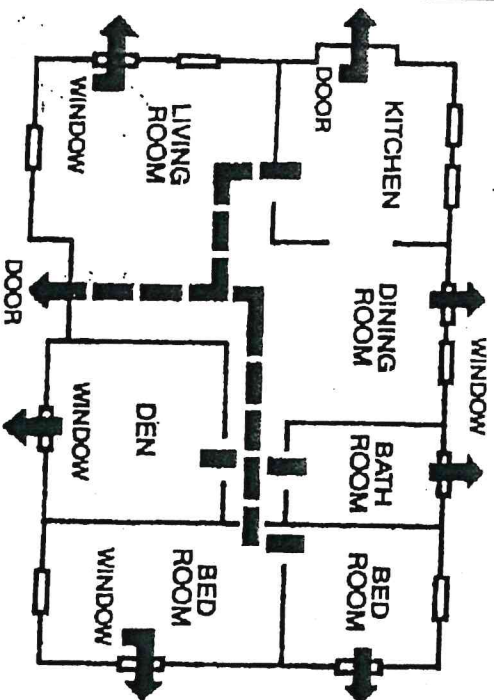
# Get Out Alive! A Fire Escape Planner

This is your fire escape planner. If a fire starts, smoke and heat can kill you unless you plan in advance to escape quickly. You may have only several minutes to reach safety. Everyone needs to know how to get out so they can act quickly and without panic.

## Your fire safety plan requires:

- Smoke detector on each level of your home.
- Fire extinguisher on each level of your home.
- Escape routes marked on a floor plan
- Specified meeting place outside your home.
- Plan to evacuate everyone in 150 seconds, including children who can't get out by themselves.
- Practice your escape plan monthly. Practice at different times of the day and using alternate exits.

Sample Escape Plan



Facility Name:

Date:

**Floor Plan:**

1. Use the grid to draw a floor plan of your whole house. (Drawing does not need to be to scale.)
2. Show two exits from every room.
3. Write down the outside meeting place.

**Exit Procedures:**

1. Sleep with bedroom doors closed. They will hold back deadly smoke.
2. Teach everyone to recognize the sound of your smoke alarms.
3. Test doors before opening them. If hot, use your alternate escape. If cool, brace your shoulder against the door and open it cautiously. Be ready to slam it if smoke or heat rush in.
4. Crawl low under smoke.
5. If your clothes catch on fire: stop, drop and roll.
6. Get out fast.
7. Choose a specific meeting place so you can see that everyone is out of the house.
8. Don't go back inside once you're out.
9. Call the fire department from a neighbor's house.